



2022 WINTER INFORMATION BOOK

GET IN, PLAY, GET OUT and Stay Safe

DO NOT ATTEND THE COURTS IF YOU HAVE A FEVER OR ARE EXPERIENCING
RESPIRATORY SYMPTOMS

PLEASE CHECK THE WEBSITE FOR THE LATEST PLAYING & TRAINING GUIDELINES

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2022 EXECUTIVE & COMMITTEE MEMBERS

POSITION	NAME	EMAIL
President	Jennie Thompson	jennie.thompson@optusnet.com.au
Vice President	Ruth Bowman	ruthcoventry24@gmail.com
Secretary	Lisette Smith	secretaryhdna@gmail.com
Treasurer	Cate Newman	hdnatreasurer@gmail.com
Registrar - Senior Comp	Clare Ashpole	clare.ashpole19@gmail.com
Registrar - Junior Comp	Phil Wheeler	hdna.jnr.registrar@outlook.com
Night Comp Convenor	VACANT	hdnanightcomp@gmail.com
Umpires Convenor - Senior	Kirsten Gossip	k_gossip@hotmail.com
Umpires Convenor - Junior	Lisa Robertson	lisart142@gmail.com
Rep Convenor - Senior	Jen Baker	hdnaseniorreps@gmail.com
Reps Convenor - Junior	Margaret Coe	hdnajuniorreps@yahoo.com
Assistant Senior Registrar	Sally Knight	knightbs@bigpond.com
Assistant Junior Registrar	Janette Barton	sjbarton@ozemail.com.au
Assistant Junior Registrar	Dom Newman	dom.e.newman@gmail.com
Asst Senior Reps Convenor	Nicky Steptoe	nicholettethaddeus@hotmail.com
Asst Junior Reps Convenor	Kate Roberts	netball.k8@gmail.com
Carnival Convenor	Tracy McClenaghan	tmcclenaghan29@hotmail.com
Net Set Go Coordinator	Di Benham	dimizo54@gmail.com
Asst NSG Coordinator	VACANT	
NSG Umpires Convenor	Toni Bauer	toni.bauer@outlook.com.au
Asst Night Comp Convenor	Sophie Koutchavlis	hdnanightcomp@gmail.com
Coaching Co-ordinator	VACANT	
All Stars Co-ordinator	Joey Rigor	joeyrigor@hotmail.com
Uniform & Equipment	VACANT	
NNSW Delegate	Lyn Burgess OAM	lynetteandlen@gmail.com
BBQ Co-ordinator	VACANT	

2022 CLUB CONTACTS

CLUB & POSITION	NAME	CONTACT
Asquith Magpies		
Secretary	Lyndall Williams	secretaryamnc@gmail.com
Umpires Convenor	Ian MacMahon	ian.macmahon.im@gmail.com
Beecroft		
Secretary	Tamara Leone	beecroftnetball@gmail.com
Umpires Convenor	Nicole Tyzack	beecroftnetballumpires@gmail.com
Carlingford		
Secretary		secretary.carlonetball@gmail.com
Umpires Convenor		carlonetball@gmail.com
Cherrybrook		
Secretary	Sharon Tumber	cherrybrooknetball@gmail.com
Umpires Convenor	Aparna Patankar	cherrybrooknetball@gmail.com
Galston		
Secretary	Vanessa Collits	secretary.galstonnetballclub@gmail.com
Umpires Convenor	Winnie Ho	galstonumpires@gmail.com
Hornsby Lions		
Secretary	Sonja Shand	secretary.hornsbylions@gmail.com
Umpires Convenor	Jordan Pilon	umpires.hornsbylions@gmail.com
Loreto Normanhurst		
Secretary	Kristie Greville	kgreville@loretoh@gmail.com
Umpires Convenor	Tracey Hartshorne	lumpires@gmail.com
Mount Saint Benedict		
Secretary	Liz Reakes	ereakes@msb.nsw.edu.au
Umpires Convenor	Liz Reakes	ereakes@msb.nsw.edu.au
Normanhurst		
Secretary	Amanda Watts	normonetball@gmail.com
Umpires Convenor	Sophie Koutchavlis	sophkoutchavlis@gmail.com
North Rocks		
Secretary	Talya Turvey	nrcsecretary@gmail.com
Umpires Convenor	Ros Miller	ros.mark@optusnet.com.au
Pennant Hills		
Secretary	Melissa Fogarty	pennanthillsnetballclub@gmail.com
Umpires Convenor	Jess Kajons	phnc.umpiring@gmail.com
Ryde Sapphires		
Secretary	Karyn West	kwest@parra.catholic.edu.au
Umpires Convenor	Toni Bauer	toni.bauer@outlook.com.au
St Agatha's		
Secretary	Fiona Hall	stagathasnetballsecretary@outlook.com
Umpires Convenor	Paulette Richards	paulette.richards@lendlease.com.au
Thornleigh		
Secretary	Julia Koulemina Suslik	thornleighnetballclub@gmail.com
Umpires Convenor	Hannah Ashpole	thornleigh.umpires@gmail.com
Wahroonga Prep		
Secretary	James Kennedy	sport@wahroongaprep.nsw.edu.au
Umpire Convenor (NSG)	Tanya Lorimer	tlorimer@wahroongaprep.nsw.edu.au
West Pennant Hills		
Secretary	Erin Fox	wphnetball@outlook.com
Umpires Convenor	Rosie Wilmshurst	juniorumpiring.wphnetball@gmail.com

HDNA MEMBER PROTECTION

Netball Australia, Netball NSW and HDNA seek to provide a safe, fair and inclusive environment for everyone involved in netball. HDNA seeks to abide by the Netball NSW Member Protection Policy, examples of which include Codes of Behaviour; Anti-Discrimination, Bullying & Harassment; Working with Children and Photography policies. These policies, expected code of conduct and grievance processes are available on the HDNA website under Policies. Any concerns or questions should be raised to Executives on duty, our MP Officer, Jennie Thompson or to hdna@bigpond.net.au

Netball NSW General Code of Behaviour

- 5.1 Respect the rights, dignity and worth of all people involved in netball regardless of their gender, ability, cultural background or religion.
- 5.2 Be ethical, fair, considerate and honest in all dealings with others.
- 5.3 Make a commitment to providing a quality service.
- 5.4 Operate within the rules and spirit of netball including national and state guidelines, constitution and policies which govern Netball Australia, Netball NSW and Affiliates.
- 5.5 Do not use your involvement with netball to promote your own beliefs, behaviours or practices where these are inconsistent with those of Netball Australia, Netball NSW or Affiliates.
- 5.6 Demonstrate a high degree of individual responsibility especially when dealing with persons under 18 years of age, as your words and actions are an example and they can be easily influenced.
- 5.7 Always place the safety and welfare of children above other considerations.
- 5.8 Avoid unaccompanied and unobserved activities with persons under 18 years of age, whenever possible.
- 5.9 Comply with all relevant Australian laws (Commonwealth and State), particularly anti-discrimination, occupational health and safety and child protection laws.
- 5.10 Refrain from any behaviour that may bring Netball Australia, Netball NSW or Affiliates into disrepute.
- 5.11 Provide a safe environment for the conduct of the activity.
- 5.12 Show concern and caution towards others who may be sick or injured.
- 5.13 Be a positive role model.
- 5.14 Be responsible and accountable for your conduct.
- 5.15 Abide by the relevant Netball NSW role-specific codes of behaviour and understand the consequences if you breach or are aware of any breaches of this Code of Behaviour.

Netball NSW Photography Policy

The policy addresses the acquisition and display of images of registered members, including children and young people participating in netball activities throughout NSW. It also serves as a reference in relation to the management of photography and videography by any person at Netball NSW and affiliate functions, events and matches.

Netball NSW requires every person and organisation to obtain permission from a child's parent/guardian before taking an image of a child that is not their own.

This policy applies at any NNSW, HDNA or club competition, event or other netball related activity including games, training, camps, team get-togethers.

Netball NSW and affiliates will not name or identify any child, publish personal information such as an address, email, phone number without gaining consent from the parent or guardian.

The complete policy can be found on the HDNA website under Policies.

COUNCIL MEETINGS

There will be three council meetings held in 2022 on the following dates:

- Wednesday April 27, 7pm
- Wednesday August 24, 7pm
- Saturday November 19, 9am immediately followed by the HDNA AGM

All Council meetings are held at the Pennant Hills Netball Courts, Britannia Street, Pennant Hills. It is a requirement for all clubs to have a delegate present for the entirety of the meeting.

EXECUTIVE MEETINGS

Executive meetings are *generally* held on the 2nd Thursday of each month. Meeting dates can be found on the HDNA calendar, viewable on the website under Policies in the main menu. All correspondence should be directed to the HDNA Secretary and received no later than 3pm on the day of the meeting. An individual member should not forward correspondence without a covering letter from the Club concerned.

GENERAL INFORMATION

PLAYING – NET SET GO

A complete set of guidelines for NetSetGO can be found on the HDNA website under Competition in the main menu.

Late Registrations will be accepted by the HDNA Junior Registrar up to 4pm on the Thursday preceding the day of play, with the exception of the first game of the season where registrations are only accepted at late registration night.

Forfeits and Withdrawals – Best endeavours should be made to give as much notice as possible to minimise impact to the opposing team and umpires.

Forfeits should be received by 7pm on the day PRECEDING play ie 7pm Thursday for NSG.

The Club Secretary of a team who needs to forfeit a game must notify:

- hdnaforfeits@gmail.com
- the opposing teams Club Secretary
- their own and the opposing teams Umpire Convenor

All email addresses are at the front of this book.

Please note: NetSetGo Teams have 2 minutes from the starting bell to take the court. A minimum of 5 players per team are required for the commencement of the game.

Borrowing players

Notwithstanding the Borrowing Rules as listed below under Junior Teams, where a club is fielding more than one NetSetGO team in any one grade and same Division, players are permitted to interchange in that same grade and same division, or they can borrow from teams in a lower/younger grade. For further information - see NetSetGO Guidelines.

Fixtures

Season fixtures can be viewed at the HDNA website www.hdnanetball.com.au. PlayHQ also has fixtures, results and ladders.

PLAYING – JUNIOR TEAMS, 10 YEARS & ABOVE

Late Registrations will be accepted by the HDNA Junior Registrar up to 4pm on the Friday preceding the day of play, with the exception of the first game of the season where registrations are only accepted at late registration night.

Forfeits and Withdrawals – Best endeavours should be made to give as much notice as possible to minimise impact to the opposing team and umpires.

Forfeits should be received by 7pm on the day PRECEDING play ie 7pm Friday.

The Club Secretary of a team who needs to forfeit a game must notify:

- hdnaforfeits@gmail.com
- the opposing teams Club Secretary
- their own and the opposing teams Umpire Convenor

All email addresses are at the front of this book.

Borrowing players

1. A minimum of 5 players can take the court – 3 must be from the registered team. A maximum of 3 players may be borrowed in any one game from a lower age or division. All borrowed players must note their team on the score sheet
2. If 7 original team members are available, you may **not** borrow from another team.
3. If an original team member becomes ill or injured and is unable to continue play, and there is no other member available from that team, then a player from another lower age division or grade may be borrowed. (i.e. if the team has 8 players and one becomes injured or ill, the reserve must take the court. If there are only 7 players available and one becomes ill or injured, then a player may be borrowed from lower age division or grade)

In the event the player recovers and is able to play, the borrowed player must be replaced, and the borrowed player must leave the court.

If a player is borrowed for four (4) games in a higher grade or division, that player becomes ineligible to play again for their initial registered team and shall be considered a member of one of the higher graded teams for which they were borrowed.

Fixtures

Season fixtures, results and ladders can be viewed from the HDNA website at www.hdnanetball.com.au. PlayHQ also has fixtures, results and ladders.

Finals

In order to participate in the final series, the player must have played a minimum of four (4) games in their current registered team that is competing in the final series.

PLAYING - SENIOR TEAMS

Late Registrations will be accepted by the HDNA Junior Registrar up to 4pm on the Friday preceding the day of play, with the exception of the first game of the season where registrations are only accepted at late registration night.

Forfeits and Withdrawals – Best endeavours should be made to give as much notice as possible to minimise impact to the opposing team and umpires.

Forfeits should be received by 7pm on the day PRECEDING play ie 7pm Friday.

The Club Secretary of a team who needs to forfeit a game must notify:

- hdnaforfeits@gmail.com
- the opposing teams Club Secretary
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In the event the player recovers and is able to play, the borrowed player must be replaced, and the borrowed player must leave the court.

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Fixtures

Season fixtures, results and ladders can be viewed at the HDNA website www.hdnanetball.com.au
PlayHQ also has fixtures, results and ladders.

Finals

To participate in the final series, the player must have played a minimum of four (4) games in their current registered team that is competing in the final series.

2022 Senior Teams appear in the following order:

A1, A2, B1, B2, Cadet 1, B3, B4, Cadet 2, C1, C2, Cadet 3

OTHER IMPORTANT INFORMATION

FIXTURES & RESULTS

Season fixtures, results and ladders can be viewed at the HDNA website www.hdnanetball.com.au
PlayHQ also has fixtures, results and ladders.

2020 RULES OF NETBALL, WHISTLES & STRAPPING TAPE

The Official Rules of Netball are available to purchase from Central Control for \$20 or can be viewed on the HDNA website under Competitions in the main menu. Whistles and strapping tape can also be purchased at Control.

ADVERSE WEATHER

Please see HDNA's Adverse Weather Guidelines on the website under Competitions. Play will continue through light rain or a passing shower, even if that shower is heavy, so unless receiving notification that the night or day is cancelled, players should be prepared to attend the court, ready to play. Notification of cancellation will be via the HDNA website.

JEWELLERY & HAIR

In line with the 2020 Official Rules of Netball, rule 5.1.1.iv) Players may not wear anything that could endanger themselves or other players, specifically:

- a) No adornment or jewellery may be worn other than a wedding ring which must be covered with tape
- b) A medical alert bracelet may be worn provided it is covered with tape
- c) Fingernails must be short and smooth
- d) Hair must be suitably tied back.

The umpires committee should be notified if a medic alert bracelet is to be worn.

LOST PROPERTY

Articles of clothing and any incidentals of little value are held at Central Control. Any items of value are held for a short period of time elsewhere and then forwarded to Pennant Hills Police Station. Clothing, if not claimed by the end of the season, is washed and forwarded to a local charity.

LITTER & SMOKING

It is the responsibility of the Association's members to see that litter is placed in the garbage bins provided around the courts. Managers are requested to ensure that their teams remove litter from the courts after their game, particularly, orange peels and drink containers. Section 6A of the *Smoke-free Environment Act 2000* prohibits smoking at all spectator areas of sports grounds, including indoors, during an organised sporting event.

KEY DATES

Round	Match	Date
1	1	Friday April 29 & Saturday April 30
	2	Friday May 6 & Saturday May 7
	3	Friday May 13 & Saturday May 14
	4	Friday May 20 & Saturday May 21
	5	Friday May 27 & Saturday May 28
	6	Friday June 3 & Saturday June 4
	7	Friday June 17 & Saturday June 18
	15*	Friday June 17
2	8	Friday June 24 & Saturday June 25
	9	Friday July 15 & Saturday July 16
	10	Friday July 22 & Saturday July 23
	11	Friday July 29 & Saturday July 30
	12	Friday August 5 & Saturday August 6
	13	Friday August 12 & Saturday August 13
	14	Friday August 19 *** & Saturday August 20
Semi-final B Semi-final A	1 st vs 2 nd 3 rd vs 4 th	Saturday August 27
Final C	Winner SF A vs Loser SF B	Saturday September 3
Grand Final	Winner SF B vs Winner C	Saturday September 10

**Week 15 for teams with a division of 6 – 11s, 12s & 13s play at 7pm; 14s and 15s play at 8:15pm. All NSG plays at 6pm*

****Presentation Night for Net Set Go medals occurs after each timeslot on Friday August 19*

SPECIAL EVENTS

Round	Match	Special Event
1	1	
	2	
	3	Pink Sports Weekend – supporting BCNA
	4	
	5	
	6	SHOOSH for Kids – Awareness Week
	7	
2	8	
	9	
	10	Crazy Hair & Sock Weekend – supporting Kids with Cancer
	11	
	12	
	13	
	14	Hornsby Ku-ring-gai Women's Shelter Fundraising Weekend

CLUB SERVICE ROSTER – FRIDAY NIGHTS (including Round 15)

On the night of your duty, could you please provide two (2) representatives from your Club to assist the Executive on duty. Please note that this season, there will not be a Duty Roster for the Saturday competition.

Please arrive by 5.30pm on the day. Whilst on duty, the representatives will be asked to help with the general running of the competition. Once the game has finished, representatives will be required to help with packing up post pads, etc and locking the complex.

Round	Match	Date	Club
1	1	Friday April 29	Beecroft
	2	Friday May 6	Carlingford
	3	Friday May 13	West Pennant Hills
	4	Friday May 20	Cherrybrook
	5	Friday May 27	Pennant Hills
	6	Friday June 3	Thornleigh
	7	Friday June 17	Beecroft
	15*	Friday June 17 – 7:00pm	Carlingford
	15*	Friday June 17 – 8:15pm	West Pennant Hills
2	8	Friday June 24	Galston
	9	Friday July 15	Normanhurst
	10	Friday July 22	St Agatha's
	11	Friday July 29	Pennant Hills
	12	Friday August 5	West Pennant Hills
	13	Friday August 12	Carlingford
	14	Friday August 19	Beecroft

**Week 15 for teams with a division of 6 – 11s, 12s & 13s play at 7pm; 14s & 15s play at 8:15pm.
All NSG plays at 6pm*

Thank you for your continued support.